

**Voluntary Report** – Voluntary - Public Distribution

**Date:** July 25, 2022

**Report Number:** CA2022-0022

**Report Name:** Canada Publishes Front-of-Package Nutrition Labelling and Other Food Labelling Regulations

**Country:** Canada

**Post:** Ottawa

**Report Category:** FAIRS Subject Report

**Prepared By:** Tyler Babcock

**Approved By:** Philip Hayes

**Report Highlights:**

On July 20, 2022, Canada announced final regulations to amend the Food and Drug Regulations (FDR) to require front-of-package (FOP) labeling for most prepackaged products containing certain nutrients (i.e., saturated fat, sugars, and/or sodium) at or above specified thresholds. These regulations came into force on the date they were published in the Canada Gazette, Part II on July 20, 2022. The amendments related to FOP labelling, nutrient content claims, vitamin D fortification and high-intensity sweetener labelling are subject to a 3.5 year transition period, which ends December 31, 2025.

On July 20, 2022, Health Canada published the [Regulations Amending the Food and Drug Regulations \(Nutrition Symbols, Other Labelling Provisions, Vitamin D and Hydrogenated Fats or Oils\)](#) in the Canada Gazette, Part II (CGII). These regulations amend the [Food and Drug Regulations \(FDR\)](#) to add a new requirement for front-of-package (FOP) nutrition symbol labelling (FOP labelling) for most prepackaged products containing certain nutrients (saturated fat, sugars and/or sodium) at or above specified thresholds.

For most prepackaged products, a symbol must appear on the label when the amount of saturated fat, sugars and/or sodium is equal to or greater than 15 percent of the applicable [Daily Value](#).

**Table 1. Thresholds for the FOP nutrition symbol**

	Saturated fat	Sugars	Sodium
Prepackaged foods with a reference amount > 30 g or 30 mL that are not main dishes	>= 15% DV*		
Prepackaged foods with a reference amount <= 30 g or 30 mL	>= 10% DV		
Prepackaged main dishes with a reference amount >= 200 g or 170 g**	>= 30% DV		
* Based on the Daily Values (DVs) set out in column 2 of Part 1 of the <i>Table of Daily Values</i> when the product is intended solely for children one to four years and in column 3 when the product is intended for children and/or adults			
** 200 g for main dishes intended for children and/or adults and 170 g for main dishes intended solely for children one to four years			

The regulations came into force on the date they were published in the Canada Gazette, Part II on July 20, 2022. The amendments related to FOP labelling, nutrient content claims, vitamin D fortification and high-intensity sweetener labelling are subject to a transition period that ends December 31, 2025. The implementation plan for the regulations can be found [here](#).

The FDR state that the symbol is mandatory for most prepackaged foods sold in Canada, including those manufactured in Canada or **imported for sale in Canada**. When the symbol is required on a food label, it must be presented in the manner described in the FDR. These requirements are outlined [here](#).

While it is Health Canada that develops regulations pertaining to FOP labelling, it is the Canadian Food Inspection Agency (CFIA) that is responsible for the enforcement of the regulations.

To help industry comply with the final regulations, Health Canada published two guidance documents:

- [Overview of Front-of-package nutrition labeling](#)
- [Front-of-package nutrition symbol labeling guide for industry](#) (**Note:** While this guide provides interpretation of core elements of the symbol requirements, at the end of the transition period, the Canadian Food Inspection Agency's [Industry Labelling Tool \(ILT\)](#) will be updated with guidance on other components of the Regulations Amending the Food and Drug Regulations (Nutrition Symbols, Other Labelling Provisions, Vitamin D and Hydrogenated Fats or Oils) **End note.**)

**Attachments:**

No Attachments.